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Country	Turkey		

Confidential Client Information

Client Number	00928	Visit Number	1
Name	berk, Sevgi	Date and Time	11.09.2009 14:24:10
		User Name	enis

Hold Reading Report

Hold: Sensitivity Hold

Group\Sub-Group

Items Tested	Dilution	Point ID	Max	Drop	
Info-Color					
1. Blue	Stress Test	AL-1L	52	1	
2. Green	Stress Test	AL-1L	36	0	
3. Indigo	Stress Test	AL-1L	36	0	
4. Infra Red	Stress Test	AL-1L	47	0	
5. Orange	Stress Test	AL-1L	41	0	
6. Red	Stress Test	AL-1L	40	1	
7. Yellow	Stress Test	AL-1L	27	0	
Info-Dental\Dental Materials					
8. Silver Amalgam	Stress Test	AL-1L	55	0	
9. Non Gamma Amalgam	Stress Test	AL-1L	49	0	
Info-Nutrition\Fatty Acids					
10. Eicosapentaenoic acid - EPA	Stress Test	AL-1L	40	1	
11. Alpha-linolenic acid	Stress Test	AL-1L	20	0	
12. Linoleic acid	Stress Test	AL-1L	40	0	
13. Gamma-linolenic acid - GLA	Stress Test	AL-1L	37	1	
14. Arachidonic acid	Stress Test	AL-1L	19	0	
Info-NutritionMinerals					
15. Calcium - min	Stress Test	AL-1L	34	0	
16. Boron - min	Stress Test	AL-1L	19	0	
17. Chromium - min	Stress Test	AL-1L	25	0	
18. Iron - min	Stress Test	AL-1L	14	0	
19. Magnesium - min	Stress Test	AL-1L	37	1	
20. Iodine - min	Stress Test	AL-1L	20	0	
21. Potassium - min	Stress Test	AL-1L	22	1	
22. Selenium - min	Stress Test	AL-1L	21	0	
23. Zinc - min	Stress Test	AL-1L	27	0	



Weakened



Balanced



Stressed

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Name	berk, Sevgi	Date and Time	11.09.2009 14:24:10		
24. Sodium - min	Stress Test	AL-1L	19	0	
Info-Nutrition\Vitamins					
25. Beta-Carotene	Stress Test	AL-1L	27	1	
26. Folic Acid Folacin	Stress Test	AL-1L	21	0	
27. Vitamin B1 Thiamine	Stress Test	AL-1L	26	0	
28. Vitamin B12 Cyanocobalamin	Stress Test	AL-1L	27	1	
29. Vitamin B2 Riboflavine	Stress Test	AL-1L	15	0	
30. Vitamin B3 Niacin	Stress Test	AL-1L	45	0	
31. Vitamin B6 Pyridoxine	Stress Test	AL-1L	18	0	
32. Vitamin C Ascorbic Acid	Stress Test	AL-1L	24	0	
33. Vitamin D Cholecalciferol	Stress Test	AL-1L	23	0	
34. Vitamin E Tocopherol	Stress Test	AL-1L	25	0	
35. Vitamin K	Stress Test	AL-1L	22	0	
Info-Sensitivity Screening by Groups\Environmentals\Household Chemicals					
36. Cleaning Supplies-Temizlik urunleri	Stress Test	AL-1L	28	0	
37. Hair Spray-Sac spreyi	Stress Test	AL-1L	34	0	
Info-Sensitivity Screening by Groups\Environmentals\Epidermals\Hayvan Kili ve Epitel dokusu					
38. Cat Hair-Kedi kili	Stress Test	AL-1L	47	0	
39. Dog Hair-Kopek tuyu	Stress Test	AL-1L	37	0	
40. Koyun yun Kili	Stress Test	AL-1L	36	0	
41. Feather, Goose-Kaz tuyu	Stress Test	AL-1L	51	0	
Info-Sensitivity Screening by Groups\Environmentals\Epidermals\ Kumas ve Hammadeler					
42. Acrylic-Akrilik	Stress Test	AL-1L	37	0	
43. Cotton-Koton(Pamuk)	Stress Test	AL-1L	40	0	
44. Leather-Deri	Stress Test	AL-1L	54	0	
45. Mohair-Moher	Stress Test	AL-1L	46	0	
46. Nylon fabric-Nylon Kumas	Stress Test	AL-1L	53	0	
47. Polyester	Stress Test	AL-1L	37	1	
Info-Sensitivity Screening by Groups\Environmentals\Inhalants/solunum yolu ile\Flower Blossoms/Olgunlasmis Cicekler					
48. Flower Pollen 1	Stress Test	AL-1L	49	0	
Info-Sensitivity Screening by Groups\Environmentals\Inhalants/solunum yolu ile\Miscellaneous/Cesitli					
49. House Dust-Ev Tozu	Stress Test	AL-1L	26	0	
50. House Dust Mite-Ev tozu kurtu	Stress Test	AL-1L	40	0	
51. Sigara ve tutunu	Stress Test	AL-1L	41	1	
52. Fiberglass-Cam elyaf	Stress Test	AL-1L	49	0	
Info-Sensitivity Screening by Groups\Environmentals\Inhalants/solunum yolu ile\Trees					
53. Poplar, White- Kavak	Stress Test	AL-1L	50	0	
Info-Sensitivity Screening by Groups\Food\Baking & Cooking Ingredients					
54. Uzum sirkesi	Stress Test	AL-1L	49	0	
55. Elma sirkesi	Stress Test	AL-1L	51	0	
56. Cikolata	Stress Test	AL-1L	50	0	
57. Iyotlu Tuz	Stress Test	AL-1L	50	0	
58. Kabartma tozu	Stress Test	AL-1L	48	1	
59. Vanilya	Stress Test	AL-1L	53	0	
60. Tuz	Stress Test	AL-1L	52	0	
61. Ekmek mayasi	Stress Test	AL-1L	37	0	
Info-Sensitivity Screening by Groups\Food\Beverages-Icecekler					



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Name	berk, Sevgi	Date and Time	11.09.2009 14:24:10		
62. Beyaz Sarap	Stress Test	AL-1L	38	0	
63. Bira	Stress Test	AL-1L	38	0	
64. Cay	Stress Test	AL-1L	51	0	
65. Kirmizi Sarap	Stress Test	AL-1L	38	0	
66. Viski	Stress Test	AL-1L	47	0	
67. Votka	Stress Test	AL-1L	46	0	
68. Turkish Mercan Raki	Stress Test	AL-1L	48	0	
69. Coca Cola	Stress Test	AL-1L	40	0	
70. Fanta	Stress Test	AL-1L	37	0	
71. Kahve	Stress Test	AL-1L	38	0	

Info-Sensitivity Screening by Groups\Food\Cooking Oils-Yemeklik yaglar

72. Misir yagi	Stress Test	AL-1L	48	0	
73. Soya Yagi	Stress Test	AL-1L	50	0	
74. Zeytinyagi	Stress Test	AL-1L	48	0	
75. Tereyagi	Stress Test	AL-1L	47	1	
76. Aycicek yagi	Stress Test	AL-1L	51	0	

Info-Sensitivity Screening by Groups\Food\Dairy-Sut urunleri

77. Kasein - Inek	Stress Test	AL-1L	30	0	
78. Kefir	Stress Test	AL-1L	33	0	
79. Laktoz - Sut sekeri	Stress Test	AL-1L	28	0	
80. Margarin	Stress Test	AL-1L	37	1	
81. Peynir - Beyaz	Stress Test	AL-1L	37	1	
82. Sutu - Inek	Stress Test	AL-1L	27	0	
83. Yogurt - Inek	Stress Test	AL-1L	37	1	
84. Peynir - Keci	Stress Test	AL-1L	47	1	
85. Yumurta - Butun	Stress Test	AL-1L	46	0	
86. Peynir - Krem	Stress Test	AL-1L	39	0	
87. Peynir - Koyun	Stress Test	AL-1L	37	0	

Info-Sensitivity Screening by Groups\Food\Fish-Balik

88. Hamsi	Stress Test	AL-1L	50	0	
89. Mackerel-Uskumru	Stress Test	AL-1L	49	0	
90. Sardines-Sardalye	Stress Test	AL-1L	48	0	
91. Trout, Rainbow -Alabalik	Stress Test	AL-1L	46	0	
92. Turbot- Kalkan	Stress Test	AL-1L	46	0	
93. Whiting-Mezgit baligi	Stress Test	AL-1L	52	0	
94. Salmon- Som Baligi	Stress Test	AL-1L	51	0	

Info-Sensitivity Screening by Groups\Food\Fruit-Meyve

95. Armut	Stress Test	AL-1L	49	1	
96. Cilek	Stress Test	AL-1L	52	0	
97. Elma	Stress Test	AL-1L	48	1	
98. Greyfurt	Stress Test	AL-1L	49	1	
99. Limon	Stress Test	AL-1L	49	0	
100. Mandalina	Stress Test	AL-1L	52	0	
101. Portakal	Stress Test	AL-1L	51	0	
102. Muz	Stress Test	AL-1L	50	0	
103. Uzum (Yesil & Kirmizi)	Stress Test	AL-1L	51	0	
104. Erik	Stress Test	AL-1L	37	0	
105. Kayisi	Stress Test	AL-1L	54	0	
106. Kiraz	Stress Test	AL-1L	52	0	
107. Watermelon-karpuz	Stress Test	AL-1L	53	1	

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Name	berk, Sevgi	Date and Time	11.09.2009 14:24:10		
108. Rockmelon-Kavun	Stress Test	AL-1L	50	0	
109. Seftali	Stress Test	AL-1L	52	0	
Info-Sensitivity Screening by Groups\Food\Grains-Tahillar					
110. Bugday, Beyaz un	Stress Test	AL-1L	49	1	
111. Gluten	Stress Test	AL-1L	49	0	
112. Misir	Stress Test	AL-1L	46	0	
113. Cavdar	Stress Test	AL-1L	52	0	
114. Bugday, Organik	Stress Test	AL-1L	50	0	
115. Bugday - Kepek	Stress Test	AL-1L	52	0	
116. Yulaf	Stress Test	AL-1L	53	0	
117. Pirinc, Beyaz	Stress Test	AL-1L	49	0	
118. Pirinc, Jasmine	Stress Test	AL-1L	54	0	
119. Pirinc, Kahverengi	Stress Test	AL-1L	50	0	
Info-Sensitivity Screening by Groups\Food\Legumes - Beans/Baklagiller - Fasulyeler					
120. Kurufasulye	Stress Test	AL-1L	47	0	
121. Kirmizi Mercimek	Stress Test	AL-1L	48	1	
122. Soya Fasulyesi	Stress Test	AL-1L	50	0	
123. Yesil Mercimek	Stress Test	AL-1L	51	0	
124. Nohut	Stress Test	AL-1L	50	0	
Info-Sensitivity Screening by Groups\Food\Meat - Poultry / Kumes hayvanlari - et					
125. Chicken-Tavuk	Stress Test	AL-1L	52	0	
126. Kuzu ve Koyun eti	Stress Test	AL-1L	54	0	
127. Turkey -Hindi	Stress Test	AL-1L	52	0	
128. Veal -Dana eti	Stress Test	AL-1L	38	0	
Info-Sensitivity Screening by Groups\Food\Nuts - Seeds/kabuklu yemisler-Tohumler					
129. Hazelnut-Findik	Stress Test	AL-1L	50	0	
130. Chestnut-Kestane	Stress Test	AL-1L	55	0	
131. Flax Seed-Keten Tohumu	Stress Test	AL-1L	49	1	
132. Peanut-Yerfistigi	Stress Test	AL-1L	50	0	
133. Pistachio-Sam fistik	Stress Test	AL-1L	47	0	
134. Walnut-Ceviz	Stress Test	AL-1L	52	0	
135. Almond -Badem	Stress Test	AL-1L	50	0	
136. Sunflower-Aycicegi	Stress Test	AL-1L	48	0	
137. Coconut _Hindistan Cevizi	Stress Test	AL-1L	50	0	
138. Sesame-Susam	Stress Test	AL-1L	48	1	
Info-Sensitivity Screening by Groups\Food\Shellfish-Kabuklu Deniz hayvanlari					
139. Shrimp-Karides	Stress Test	AL-1L	51	0	
140. Mussel-Midye	Stress Test	AL-1L	50	0	
Info-Sensitivity Screening by Groups\Food\Spices-Baharatlar					
141. Paprika-Kirmizi biber	Stress Test	AL-1L	48	0	
142. Pepper, Black-Karabiber	Stress Test	AL-1L	47	0	
Info-Sensitivity Screening by Groups\Food\Sugars & Sweeteners/Sekerler-Tatlandiricilar					
143. Aspartame - Equal	Stress Test	AL-1L	49	0	
144. Saccharin - Tatlandirici	Stress Test	AL-1L	38	0	
145. Seker - Kahverengi	Stress Test	AL-1L	54	0	
146. Bal	Stress Test	AL-1L	40	0	
147. Fructose	Stress Test	AL-1L	52	0	
148. Seker - Kamis	Stress Test	AL-1L	39	1	



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149. Seker - Pancar	Stress Test	AL-1L	38	0	
Info-Sensitivity Screening by Groups\Food\Vegetables-Bitkisel					
150. Bean - Green String-Taze Fasulye	Stress Test	AL-1L	51	0	
151. Cauliflower-Karnabahar	Stress Test	AL-1L	45	0	
152. Cabbage-Lahana	Stress Test	AL-1L	49	1	
153. Eggplant-Patlican	Stress Test	AL-1L	46	0	
154. Yesil ve Kirmizi sivri biber	Stress Test	AL-1L	49	1	
155. Tomato-Domates	Stress Test	AL-1L	51	0	
156. Onion-Sogan	Stress Test	AL-1L	46	0	
157. Spinach-Ispanak	Stress Test	AL-1L	48	0	
158. Avocado-Avokoda	Stress Test	AL-1L	48	0	
159. Broccoli-Brokoli	Stress Test	AL-1L	50	0	
160. Brussel Sprouts-Bruksel Lahanasi	Stress Test	AL-1L	48	0	
161. Carrot-Havuc	Stress Test	AL-1L	49	0	
162. Celeriac Celery-Kereviz	Stress Test	AL-1L	47	0	
163. Endive-Hindiba	Stress Test	AL-1L	48	0	
164. Leek-Pirasa	Stress Test	AL-1L	52	1	
165. Mushroom-Mantar	Stress Test	AL-1L	47	0	
166. Pea - Green/ Yesil bezelye	Stress Test	AL-1L	49	0	
167. Radish-Kirmizi Turp	Stress Test	AL-1L	47	0	
168. Zucchini-kabak	Stress Test	AL-1L	47	0	
169. Artichoke-Enginar	Stress Test	AL-1L	49	1	
170. Sarimsak	Stress Test	AL-1L	50	0	
171. Olive, ripe-Olgun zeytin	Stress Test	AL-1L	50	0	
172. Patates	Stress Test	AL-1L	50	0	
173. Kale-Kara Lahana	Stress Test	AL-1L	49	0	
Info-Sensitivity Screening by Groups\Food\Condiments-Baharatlar					
174. Ketchup - Domates	Stress Test	AL-1L	52	0	
175. Mayanoz	Stress Test	AL-1L	51	0	
176. Hardal - Dijon	Stress Test	AL-1L	49	1	
Info-Vertebrae					
177. Cervical 5	Stress Test	AL-1L	46	0	
178. Cervical 6	Stress Test	AL-1L	27	0	
179. Cervical 7	Stress Test	AL-1L	39	0	
180. Lumbar 3	Stress Test	AL-1L	27	0	
181. Lumbar 4	Stress Test	AL-1L	49	0	
182. Lumbar 5	Stress Test	AL-1L	17	0	
183. Sacral 1	Stress Test	AL-1L	22	0	
184. Thoracic 1	Stress Test	AL-1L	31	1	
185. Thoracic 2	Stress Test	AL-1L	24	0	
186. Thoracic 2	Stress Test	AL-1L	28	0	
187. Thoracic 3	Stress Test	AL-1L	35	0	
188. Thoracic 4	Stress Test	AL-1L	49	0	
189. Thoracic 5	Stress Test	AL-1L	35	0	
190. Thoracic 6	Stress Test	AL-1L	28	0	
191. Thoracic 7	Stress Test	AL-1L	21	0	
192. Thoracic 8	Stress Test	AL-1L	18	0	
193. Thoracic 9	Stress Test	AL-1L	43	0	
194. Thoracic 10	Stress Test	AL-1L	25	0	
195. Thoracic 11	Stress Test	AL-1L	23	0	

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196. Thoracic 12	Stress Test	AL-1L	28	0	
Info-Gems					
197. Copper - gem	Stress Test	AL-1L	42	0	
198. Gold - gem	Stress Test	AL-1L	44	0	
199. Silver - gem	Stress Test	AL-1L	35	0	

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